

# The 2015 Partnership Promise: Take Action — Improve Health — Save \$

Goal of the Partnership Promise: Help you get and stay healthy



Why is this important? Poor health costs all of us: –

- We pay more in doctor's visits and hospitalization
- All members pay higher health insurance premiums
- Impacts our quality of life
- From lifestyle choices we make each day



## Now the good news.

We can reduce healthcare costs with our own personal choices. Most members want to lose weight, eat healthy, increase exercise and quit tobacco. The Partnership PPO can help.

The Partnership PPO rewards members with lower costs because they have agreed to take steps to maintain or improve their health. These steps are called the Partnership Promise. Partnership PPO members promise to take steps in exchange for lower health insurance rates and lower costs for services.

## 2015 Partnership Promise Requirements

You and your covered spouse\* agree to:

1. Complete the online Healthways Well-Being Assessment™ (WBA) by **March 15, 2015**
2. Actively participate in health coaching if you are called
  - If you are called for health coaching, you must complete a biometric screening by July 15, 2015.
  - Health coaching could include a tobacco cessation program and/or case management, which is managed by BlueCross BlueShield, Cigna, and Magellan.

When you choose the Partnership PPO you agree to complete the Partnership Promise and take steps for better health. If you and/or your covered spouse fail to fulfill any requirement of the 2015 Partnership Promise, the entire family will be transferred to the Standard PPO in 2016.

\*Enrolled employees and covered spouses (if applicable) are required to complete the requirements. Children are not required to complete Partnership Promise requirements.

Note: The benefits of the Partnership Promise are open to all plan members. If you think you might be unable to fulfill the Partnership Promise, call our ParTNers for Health Wellness Program at 888.741.3390, Monday - Friday, 8:00 a.m. to 8:00 p.m. and they will work with you and/or your physician, if you wish, to find an alternate way for you to meet the Promise.

The State Group Insurance Program determines the Partnership Promise requirements and Healthways administers the Partnership Promise.

Partnership Promise benefits, such as telephonic coaching and online access to the wellness site, are open to all plan members (including Standard and Limited PPO members).

### **Want to Learn More?**

To answer questions you may have about the Partnership Promise requirements, visit: [http://www.partnersforhealthtn.gov/documents/q\\_and\\_a.pdf](http://www.partnersforhealthtn.gov/documents/q_and_a.pdf)

### **2015 New Employees and Newly Covered Members**

New employees and newly covered members (and covered spouses if applicable) who enroll in the Partnership PPO must complete the following requirements within 120 days of their insurance coverage effective date to fulfill the 2015 Partnership Promise:

- Complete the online [Well-Being Assessment](#)
- Get a [biometric health screening](#)

**Both requirements must be completed within 120 days of your insurance coverage effective date.**

<b>New Hire/Newly Covered Member Coverage Effective Date</b>	<b>New Hire/Newly Covered Member 120-Day Deadline for WBA &amp; Biometric Screening in 2015</b>
January 1	April 30
February 1	May 31
March 1	June 28
April 1	July 29
May 1	August 28
June 1	September 28
July 1	October 28
August 1	November 28

If your insurance coverage effective date is between September 1, 2015, and December 31, 2015, you will not have to complete the 2015 Partnership Promise requirement for new members.

*All information printed on this page was taken directly from [www.partnersforhealthtn.gov](http://www.partnersforhealthtn.gov).*