

Flexible Spending Accounts: Updates About Your Plan

For employees who have enrolled in or are considering Flexible Spending, here are some updates.

In the coming weeks, employees with Flexible Spending Accounts (FSA) will receive a packet of information in the mail explaining how to best utilize your benefits. This packet educates about what to expect from your flexible spending account. Make sure to look out for it and your debit cards to arrive around the week of March 25. The envelope may have a logo like this:



Enrolled members may begin using their plan funds to

cover eligible expenses as of April 1, and monthly payroll deductions will begin on April 15.

Inside your packet will be a reimbursement form and instructions on how to submit a request. Remember there are several ways to submit a request for reimbursement:

- Online
- Text message
- Mail
- Mobile app

Make sure to include substantiation that the purchase was made for an eligible covered expense.

Once a reimbursement is approved, the funds are accessible immediately. All participants in the FSA program will be issued a TASC Debit Card that is connected to a "MyCash account". To retrieve your reimbursement, simply slide the TASC Debit Card at an ATM. The money will come out of your MyCash account. This account is your personal monetary contributions made up of your monthly premiums for your FSA plan. It is also the account from which you pay your covered eligible expenses and receive reimbursements.

TASC Debit Cards should start being mailed to members' home address around the week of March 25. Make sure to keep an eye out for it in the mail. An additional card may be requested for your spouse/dependent.

The last day to add the Flexible Spending Account benefit is March 25, 2013, until the supplemental insurance open enrollment in November 2013. If you have any questions, contact the Finance Office at 731.364.5429.

Spring Break April 1 - 5, 2013: Finance Office Will Be Open

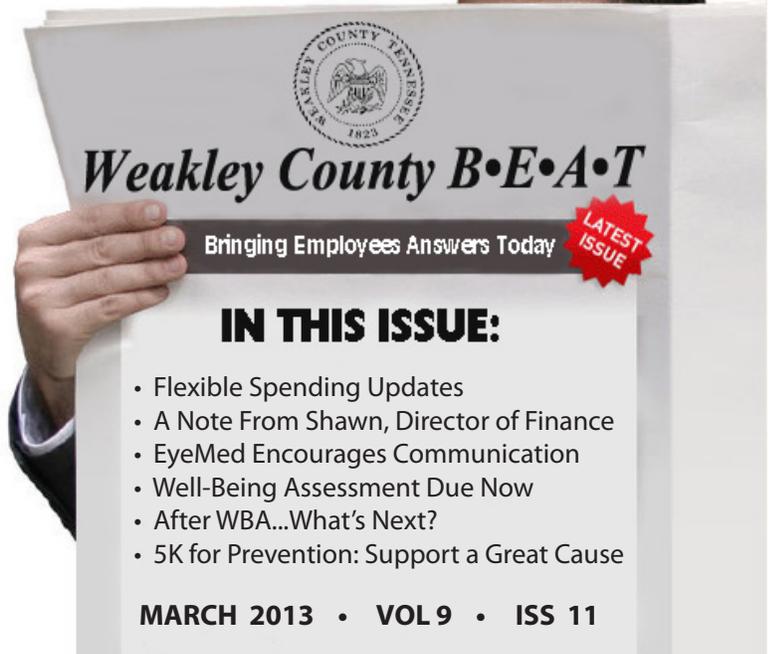
Spring is nearly here already! We hope you have a wonderful and safe Spring Break. Make sure to note that while you are on Spring Break, the Department of Finance in Dresden will be open and are here to assist if needed.

Please also take note of two important days:

March 15 is the last day to complete the Partners for Health Partnership Well-Being Assessment, and **March 25** is the last day to add the Flexible Spending Benefit.

If you have questions or concerns, please contact me at franciscos@k12tn.net, or call me at 731.364.5429.

Sincerely,
Shawn Francisco, Director of Finance



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EyeMed Vision Encourages Members to Keep in Touch

EyeMed Vision Care reminds members that the award winning Customer Care Center is open Mon. - Sat., 6:30 a.m. - 10 p.m. and on Sun. from 10 a.m. to 7 p.m.

Members are encouraged to self-serve by registering at www.eyemedvisioncare.com/stoftn, where they can request ID cards, check claims status, or retrieve a copy of their Explanation of Benefits (EOB).

Other questions? Call 731.364.5429.

Weakley County Department of Finance
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Time is Running Out to Complete Well-Being Assessment: **March 15, 2013**



DEADLINE

MARCH 15, 2013

All members and their covered spouses enrolled in the Partnership PPO must complete the online Well-Being Assessment (WBA) by **March 15, 2013** to fulfill part of the 2013 Partnership Promise.

If you haven't completed the WBA, now is the time!

How to take the WBA:

- Create your new online well-being account and complete the WBA online.
- If you or your covered spouse do not have access to a computer, call toll-free # **1.888.741.3390**

This is the phone number to Healthways, and it open Mon. - Fri., 7:30 a.m. - 9 p.m.

On March 14 and March 15, Healthways will be open from 7:30 a.m. to midnight.

If you call on March 14 or 15, and are put on hold for high call volume, leave your name, social security number, and a call-back telephone number and this will secure your place in the system.

Call before midnight on March 15, 2013, and your fulfillment of the Well-Being Assessment will not be considered late.

Don't miss this important deadline! If you do not complete this requirement by March 15, you (and your dependents) will be transferred to the Standard PPO in 2014. *** Dependents are not required to fulfill the promise.**

Have you already completed the WBA? Check your status by visiting

<https://partnersforhealthtn.embrace.healthways.com/healthways/login>. Once there:

- Sign in using your username and password. (If you have not already created an online well-being account, click on Sign Up and follow the prompts.)
- Complete your Well-Being Plan, if you have not done so already.
- Click on the Rewards Center tab at the top of the screen.
- Two green stars next to WBA Completion indicate that you have completed the WBA. (Note: it may take up to 24 hours for both stars to appear after completing the WBA.)

Need additional help? Call 1.888.741.3390, Mon. - Fri., 7:30 a.m. - 9:30 p.m. and Sat. from 8 a.m. - 6:30 p.m.

What's Next on the Agenda for Fulfilling the Partnership Promise?

Members that chose the Partnership Promise PPO insurance plan know that completing the WBA is a requirement for fulfilling the promise. But after that is completed, what comes next?

The next thing to do is to begin engaging in **ONE (1) Wellness Activity by July 15, 2013.**

Wellness Activities could include several things. Members and spouses can receive age appropriate preventative services (such as a well woman visit, flu shot, annual physical, or cancer screening). This would count as one wellness activity.

Members can also participate in a Partners for Health Wellness Challenge. This would count as one wellness activity.

One popular choice is to utilize the Well-Being Assessment to create a well-being plan and complete action items. The plan



you create will help you to choose which action items you want to complete which are located on the Partners for Health Well-Being Connect website. Examples of an action item include tracking your exercise, completing a journal entry there, or reading an article in the Resources Center. All of these tools are available online, where you took the Well-Being Assessment: <https://partnersforhealthtn.embrace.healthways.com/healthways/login>.

There are many other things that would qualify as a Wellness Activity. For more examples, or to see what qualifies, visit <http://www.partnersforhealthtn.gov/>

No computer or internet access? Call Healthways: 1-888-741-3390.

5K for a Great Cause: The Prevention of Bullying & Child Abuse



For the prevention of bullying and child abuse, Weakley Co. Prevention Coalition & Carl Perkins Center will be hosting a 5K, 2 mile walk and Kids Fun Run in Martin at the UT Martin Elam Center on Thursday, April 18, 2013.

Registration will begin at 5:30 p.m. at the UT Martin Elam Center. The 2 mile walk and 5K starts at 6:30 p.m. The kids run begins at 6 p.m. (ages 10 and under). T-shirts, goody bags and refreshments will be available, and trophies and medals will be awarded for 5K runners and fun run participants. Entry fees are \$12 for pre-registrants (deadline March 31), and \$15 day of.

This event is for a wonderful cause and would count as an Action Item to fulfill your Partnership Promise, as well. **To get registered or for more info, go to weakleycountyttn.gov.**