

The Department of Finance will be open through Spring Break [Mar 30 - Apr 3]

The UT Martin Rodeo will be held April 9-11 at the Ag Complex in Martin

Greenfield's Annual Fiddlestick Festival will be held April 15-18

The Iris Festival in Dresden will be April 25 - May 2



"Know More"
Top 4

Weakley County Beat

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Bringing Employees Answers Today

STATUS UPDATE!

Check the Status of your Partnership Promise by calling 1-888-741-3390, and choose option #1. Have your Caremark Pharmacy Card ID # ready to enter. The system will tell you whether you have completed your Partnership Promise!

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Payroll Changes Reminder

Anytime you need to change or update bank account information, tax withholding, or deductions information, call the Department of Finance, and we can help. We can get you the forms you need to make your modifications. Call us anytime! 731-364-5429.

Discovering Your Benefits: Partners for Health EAP Webinars Educate & Encourage

Webinars that your Employee Assistance Program [EAP] provides can be both informative and rewarding. Try to catch one of these upcoming webinars:

- April 8, 2015 - The Art of Mindfulness
- May 13, 2015 - Relax and Recharge
- June 10, 2015 - Preparing Emotionally For Retirement
- July 8, 2015 - Coping with Child Anxiety
- August 12, 2015 - Improving Work Habits:

A Better Work-Life Balance

To register for a webinar, visit www.here4tn.com, enter the site, click on "Member Services" on the top toolbar, and then click the "2015 Live Webinars" Link.



Contemplating Retirement?

Have you thought about retirement? There's a lot to consider. Did you know that you can retire with full benefits once you are vested (meaning a working member with TCRS for at least 5 years) with 30 years of service, regardless of your age? You can also retire at age 60 and vested with full benefits, no matter your years of service.

One little known fact: accumulated sick time can add up to additional time towards your retirement credit. Get details - <http://treasury.tn.gov/tcrs/index.html> - and take advantage of this great feature.

What about early retirement? You can retire early at age 55 and vested with a reduction factor applied to your monthly benefit. Some members are also eligible to retire after 25 years of service with a reduced monthly benefit.

To begin, make sure you have your correct years of service. This includes all of your years of service, even work in different Tennessee counties. Then, make sure your beneficiary is up-to-date. Next, read Retirement: A New Beginning, which is a TCRS guide to retirement. Get this guide here: <http://treasury.tn.gov/tcrs/> Next, print out the Retirement Checklist. This 12 month checklist covers all of the things you need to have in order when going through the retirement process. TCRS has tried to make the transition into retirement as easy as possible.

Questions or concerns? Set up an appointment with us! Call Shawn at 731-364-5429.

Partnership Promise Deadlines Information and Biometric Screening Facts

All members and covered spouses with Partnership PPO should have already completed the Healthways Well-Being Assessment [March 15], are participating in health coaching if identified, and are keeping contact information current with their employer.

For 2015, a biometric screening is required of all new members of the Partnership PPO (EMPLOYEES AND COVERED SPOUSES) as well as those members contacted by Healthways for health coaching. The screening includes height, weight, blood pressure and waist circumference. A sample of your blood is also collected to determine blood sugar, cholesterol levels and other factors that can lead to lifestyle-related health complications.

**** If you have not been identified to participate in health coaching, you are not required to have a biometric screening.**

• HOW TO COMPLETE A BIOMETRIC SCREENING:

At a doctor's office: (Healthways will accept screening results from a doctor's visit [annual physical] between July 16, 2014, and July 15, 2015). Healthways **will not** be performing onsite screenings this year.

Next, visit the Onsite Health Diagnostics (OHD) website, <http://my.onsitehd.com/restricted/signup/tn>, where you can register and download your Physician Screening Form (PSF) to take to your doctor. Or you can go to the QuickLinks box on the ParTNers for Health homepage and click on "Complete Your Biometric Screening." This will take you directly to the OHD website. Once on the site, members must click on "Register For A Form", and enter their Caremark Pharmacy Card Number, which is located on the Caremark Pharmacy Card. After entering the rest of the personal information required, click "Save and Continue" to begin downloading the form.

IMPORTANT THINGS TO REMEMBER:

- You must download and print your Physician Screening Form from the OHD website
- The doctor will need to complete your form. If the form is not complete, your form will not be processed.
- Both you and your physician must sign and date the form.
- You or your doctor must fax or mail your form to OHD using the contact information on the screening form by July 15, 2015.

*2015 New Hires and/or Newly Covered Members Enrolled in the Partnership PPO: You must complete your biometric screening within 120 days of your insurance coverage effective date. For questions, call the Director of Finance, Shawn Francisco, at the Department of Finance by phone: 731-364-5429, or e-mail: franciscos@k12tn.net.

